

# A word from the Author

This book has been a long time coming, mainly because I have had so much going on that it has needed updating every week for the past 40 years!

I have been an avid reader for many years after being inducted into the business world all of those years ago by some of the most inspirational people who, to this day I am so grateful for meeting and them taking me to new levels of understanding about how the corporate business world works and more importantly how that same world effects our personal lives at every level to the good and sometimes not so good. Books have been so inspirational to me that it feels right that if I can make this book even a little inspirational to you then it's another goal ticked off my list.

My life in business has had its ups and downs and inevitably so has my personal life. Both get intertwined and to understand how they can both work together to bring harmony and success all round takes a level of learning and making decisions and taking actions head-on. By learning how to work and invest in me through my own personal development and finding the right people to be around has changed my life at all levels. It's been a journey of overall joy but hasn't been without its major challenges and it isn't over yet!

We can all make a difference in our lives if we want and need to. Many of us are already happy with our lives and what we are already doing, and that's fine but there are plenty of us out there that deep down would really like to make changes but find it difficult to just get started because of the influences around them at that time. Maybe it's time, the restraint of a Job, the lack of money, relationships at home or socially but ultimately, there is always a way. Change is inevitable in all our lives in one form or another but taking massive action to bring massive change really is possible for everybody. There are going to be people around you who will not understand why you are making those changes and there are people who may even be hurt by those changes you are going to make, but ultimately if you have a plan to create your own journey and destination for the good of you and the most important people around you then that's taking action and it's OK.

I met Tom O'Brien at events several times before speaking with him about being able to help me in writing my book. I had been concerned about writing a "warts and all" book about myself but at the same time I was inspired about how I might be able to help others. Tom has guided and advised me and put up with me throughout this journey and I am ever thankful to him for driving me forward to achieve yet another goal in my life. Thanks Tom.

A handwritten signature in black ink, appearing to read 'Lloyd', with a stylized, cursive script.